

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November 2024

## Trails of Orono Master Activity Calendar

<p>10:30 Virtual Church Service &amp; Hymns – T 1:00 Sensory Stimulation – T 2:00 Movie Matinee “The Blind Side” (Fandango) &amp; Fresh Popcorn – G</p> <p>Daylight Saving Time Ends</p>	<p>9:00 Donut &amp; Coffee Shoppe – CR / T / P 10:30 Scarf Exercises – T 1:00 Sing Along – T 1:15 Dollar Tree Trip 2:00 1:1 Visits – P 3:00 Christian Bible Study: ‘Doing What Jesus Did’ – CR \$4:00 BINGO! – CR</p>	<p>10:30 Chair Yoga – T 11:30 Bus Outing: Plymouth Grand Movie Theater: “Here” \$2:30 BINGO! – T 4:00 Book Club – CR</p>	<p>9:45 Live 2B Healthy – T 10:30 Trivia – T \$1:00 Kinect Bowling – T 3:00 Cooking Group: Waffles – CR \$4:00 BINGO! – B <b>Happy Birthday Nancy H.!</b></p>	<p>10:00 Live 2B Healthy – T \$10:45 Eldersong Bingo – T 1:30 Arts &amp; Crafts: Wooden Leaf Painting – T 3:00 Resident Grief Group with Deb S. – G \$4:15 Cards &amp; Cookies – CR</p>	<p>10:30 Chair Dancing – T 11:00 Aerobics with Ann – G \$1:00 BINGO! – T 1:00 Movie Matinee: ‘Coco’ – G 2:30 Happy Hour! – T / P 3:00 Happy Hour! – CR 3:30 Manicures – L 4:00 Dog Visits <small>Diwali (Hindu)</small></p>	<p>10:30 Daily Chronicle &amp; Exercise – T 12:45 Fold Laundry – T \$1:30 BINGO! – CR 3:00 Piano with Tom A. &amp; Card Club – CR <b>Set your clocks BACK 1 hour before bed!</b></p>
<p>12:00 Vikings vs. Jaguars 1:00 Conversation Cards with Fran – CR</p>	<p>9:15 Pastry &amp; Coffee Shoppe – CR / T / P 10:45 Veterans Day Ceremony – G 1:00 Piano Concert with Sondra – T 1:15 Target Trip 2:00 1:1 Visits – P \$4:00 BINGO! – CR <small>Veterans Day Remembrance Day (Canada)</small></p>	<p>10:30 Chair Yoga – T 11:30 Lunch Outing: Original Pancake House \$1:00 Horse Races – T \$2:30 BINGO! – T 4:00 Book Club – CR</p>	<p>9:45 Live 2B Healthy – T 10:30 Trivia – T 11:00 Bread Making – T 1:30 Arts &amp; Crafts: Fall Colored Q-Tip Tree’s – CR 3:00 Resident Town Hall – CR \$4:00 BINGO! – B 5:30 Night of Thanks with Live Music &amp; a Pie Sampler</p>	<p>10:00 Live 2B Healthy – T 10:45 Creative Group Storytelling – T \$1:00 Kinect Bowling – T 3:00 Emma’s Baby Shower! – CR</p>	<p>10:30 Chair Dancing – T 11:00 Aerobics with Bess – G \$1:00 BINGO! – T 1:00 Activity Bucks Store – G 2:30 Happy Hour! – T / P 3:00 Happy Hour with Karaoke! – CR 3:30 Manicures – L 4:00 Dog Visits</p>	<p>10:30 Daily Chronicle &amp; Exercise – T 12:45 Fold Laundry – T \$1:30 BINGO! – CR \$3:00 Kinect Bowling – T</p>
<p>10:30 Virtual Church Service &amp; Hymns – T 12:00 Vikings vs. Titans 1:00 Dog Visits 2:00 Movie Matinee “Twisters” (Fandango) &amp; Fresh Popcorn – G</p>	<p>9:15 Donut &amp; Coffee Shoppe – CR / T / P 10:30 Scarf Exercises – T 1:00 Sing Along – T 1:15 Goodwill Trip 2:00 1:1 Visits – P 3:00 Christian Bible Study: Prayer Group – CR \$4:00 BINGO! – CR</p>	<p>10:30 Chair Yoga – T \$1:00 Balloon Volleyball – T 1:30 Bus Outing: Caribou Coffee \$2:30 BINGO! – T 4:00 Book Club – CR</p>	<p>9:45 Live 2B Healthy – T 10:00 Catholic Communion – CR 10:30 Trivia – T 1:30 Arts &amp; Crafts: Canvas Painting – CR \$4:00 BINGO! – B</p>	<p>10:00 Live 2B Healthy – T \$10:45 Double Dice – T 11:00 Women’s Club – G \$1:00 Kinect Bowling – T 3:00 Ladies Tea Party – CR \$4:15 Cards &amp; Cookies – CR</p>	<p>10:30 Chair Dancing – T 11:00 Aerobics with Bess – G \$1:00 BINGO! – T 2:30 Thanksgiving Themed Happy Hour! – T / P 3:00 Thanksgiving Themed Happy Hour! – CR 3:30 Manicures – L</p>	<p>10:30 Daily Chronicle &amp; Exercise – T 12:45 Fold Laundry – T \$1:30 BINGO! – CR 3:00 Book Club – CR</p>
<p>12:00 Vikings vs. Bears 1:00 Conversation Cards with Fran – CR</p>	<p>9:15 Pastry &amp; Coffee Shoppe – CR / T / P 10:30 Scarf Exercises – T 10:30 Club Room Tree – CR 1:00 Sing Along – T 1:15 Lund’s &amp; Byerly’s Trip 2:00 1:1 Visits – P \$4:00 BINGO! – CR</p>	<p>10:30 Chair Yoga – T 10:30 Pineview Tree – P \$1:00 Bean Bag Toss – T 1:30 Flower Arranging – CR \$2:30 BINGO! – T 4:00 Trailview Tree – T 4:00 Book Club – CR <b>Happy Birthday Nancy C.!</b></p>	<p>9:45 Live 2B Healthy – T 10:30 Trivia – T 1:15 I Am Thankful Craft – T 3:00 Manicures – T \$4:00 BINGO! – B</p>	<p><b>Happy Thanksgiving!</b> 10:30 Daily Chronicle &amp; Exercise – T \$1:00 Kinect Bowling – T</p> <p><small>Thanksgiving Day</small></p>	<p>10:30 Chair Dancing – T 11:00 Aerobics with Bess – G \$1:00 BINGO! – T 2:30 Happy Hour! – T / P 3:00 Happy Hour! – CR 3:30 Manicures – L</p>	<p>10:30 Daily Chronicle &amp; Exercise – T 12:45 Fold Laundry – T \$1:30 BINGO! – CR \$3:00 Kinect Bowling – T</p>

Key: CR – Club Room / DR – Dining Room / G – Gathering Room / L – Lobby / T – Trailview / P – Pineview | Color Key: Jessica / Melissa / Diren / Kenna / Vendor / Volunteer / Other Trails Staff