

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

# January 2025

## Trails of Orono Master Activity Calendar

<p><b>5</b></p> <p>10:30 Virtual Church Service &amp; Hymns – T 1:00 Sensory Stimulation – T 2:00 Movie Matinee 'Guiding Emily' (Fandango) &amp; Fresh Popcorn – G 7:20 Vikings vs. Lions <b>Happy Birthday Jan P.!</b></p>	<p><b>6</b></p> <p>9:15 Pastry &amp; Coffee Shoppe – CR / T / P 10:30 Scarf Exercises – T 1:00 Sing Along – T 1:15 Bus Outing: Dollar Tree Trip 2:00 1:1 Visits – P \$4:00 BINGO! – CR</p>	<p><b>7</b></p> <p>10:30 Chair Yoga – T 11:15 Lunch Outing: Spasso (Rescheduled) \$1:00 Horse Races – T \$2:30 BINGO! – T 4:00 Book Club – CR</p>	<p><b>1</b></p> <p><b>Happy New Year!</b></p> <p>New Year's Day</p>	<p><b>2</b></p> <p>10:00 Live 2B Healthy – T 10:45 Eldersong Bingo – T 1:30 Arts &amp; Crafts – T 3:00 Social Visits – P \$4:15 Cards &amp; Cookies – CR</p> <p><b>Happy Birthday Jill T.!</b></p>	<p><b>3</b></p> <p>10:30 Chair Dancing – T 11:00 Strength &amp; Mobility – G \$1:00 BINGO! – T 2:30 Happy Hour! – T / P 3:00 Happy Hour with Golden Globe Trivia! – CR 3:30 Manicures – L</p>	<p><b>4</b></p> <p>10:30 Daily Chronicle &amp; Exercise – T 12:45 Fold Laundry – T \$1:30 BINGO! – CR \$3:00 Kinect Bowling – T</p>
<p><b>12</b></p> <p>10:30 Virtual Church Service &amp; Hymns – T 1:00 Sensory Stimulation – T 2:00 Movie Matinee 'The Six Triple Eight' (Netflix) &amp; Fresh Popcorn – G</p>	<p><b>13</b></p> <p>9:15 Donut &amp; Coffee Shoppe – CR / T / P 10:30 Scarf Exercises – T 1:00 Sing Along – T 1:15 Bus Outing: Tour the Vikings Museum 2:00 1:1 Visits – P 3:00 Christian Bible Study: 'Doing what Jesus Did' – CR \$4:00 BINGO! – CR</p>	<p><b>8</b></p> <p>9:45 Live 2B Healthy – T \$10:30 Double Dice – T 11:15 Bread Making – T \$1:15 Kinect Bowling – T 2:45 Social Visits – P 3:00 Resident Town Hall with Fresh Bread – CR \$4:00 BINGO! – CR</p>	<p><b>9</b></p> <p>10:00 Live 2B Healthy – T 10:45 Elvis Trivia – T 1:30 Arts &amp; Crafts: Winter Canvas Painting – CR 3:00 Manicures – T \$4:15 Cards &amp; Cookies – CR</p>	<p><b>10</b></p> <p>10:30 Chair Dancing – T 11:00 Strength &amp; Mobility – G \$1:00 BINGO! – T 2:30 Happy Hour with Hot Toddy's! – T / P 3:00 Happy Hour with Hot Toddy's! – CR 3:30 Manicures – L 4:00 Dog Visits</p>	<p><b>11</b></p> <p>10:30 Daily Chronicle &amp; Exercise – T 12:45 Fold Laundry – T \$1:30 BINGO! – CR \$3:00 Kinect Bowling – T</p>	<p><b>18</b></p> <p>\$1:30 BINGO! – CR</p>
<p><b>19</b></p> <p>Activity Professionals Week</p>	<p><b>20</b></p> <p>9:15 Pastry &amp; Coffee Shoppe – CR / T / P 10:30 Scarf Exercises – T 1:15 Movie Matinee 'Selma' (Fandango) &amp; Fresh Popcorn – G \$4:00 BINGO! – CR</p> <p>Martin Luther King Jr. Day</p>	<p><b>14</b></p> <p>10:30 Chair Yoga – T 1:15 Bus Outing: Shopping at Target 1:00 Bean Bag Toss – T \$2:30 BINGO! – T 4:00 Book Club – CR</p>	<p><b>15</b></p> <p>9:45 Live 2B Healthy – T 10:00 Catholic Communion – CR \$10:30 Double Dice – T \$1:15 Kinect Bowling – T 3:00 Soda Pop Taste Test – CR \$4:00 BINGO! – CR</p>	<p><b>16</b></p> <p>10:00 Live 2B Healthy – T 10:45 Creative Group Storytelling – T 1:15 Color Club – T 2:30 Bjorn Briel Concert – DR \$4:15 Cards &amp; Cookies – CR</p>	<p><b>17</b></p> <p>10:30 Chair Dancing – T 11:00 Strength &amp; Mobility – G \$1:00 BINGO! – T 2:30 January Birthday Party / Happy Hour! – T / P 3:00 January Birthday Party / Happy Hour! – CR 3:30 Manicures – L 4:00 Dog Visits</p>	<p><b>25</b></p> <p>10:30 Daily Chronicle &amp; Exercise – T 12:45 Fold Laundry – T \$1:30 BINGO! – CR 3:00 Book Club – CR</p> <p><b>Happy Birthday Tom L.!</b></p>
<p><b>26</b></p> <p>10:30 Virtual Church Service &amp; Hymns – T 1:00 Sensory Stimulation – T 2:00 Movie Matinee 'The Proposal' (Disney+) &amp; Fresh Popcorn – G</p> <p>Australia Day (Observed)</p>	<p><b>27</b></p> <p>9:15 Donut &amp; Coffee Shoppe – CR / T / P 10:30 Scarf Exercises – T 1:00 Piano Concert with Sondra – T 1:15 Bus Outing: Lund's &amp; Byerly's Trip 2:00 1:1 Visits – P 3:00 Christian Bible Study: Prayer Group – CR \$4:00 BINGO! – CR</p>	<p><b>21</b></p> <p>10:30 Chair Yoga – T 1:00 Putt Putt Golf – T 1:15 Bus Outing: Goodwill Trip \$2:30 BINGO! – T 4:00 Book Club – CR</p>	<p><b>22</b></p> <p>9:45 Live 2B Healthy – T 10:30 Dictionary Game – T \$1:15 Kinect Bowling – T 2:45 Manicures – T \$4:00 BINGO! – CR</p>	<p><b>23</b></p> <p>10:00 Live 2B Healthy – T 10:45 Scategories – T 1:30 Arts &amp; Crafts: Make a Collage – T 3:00 Ladies Tea Party – CR \$4:15 Cards &amp; Cookies – CR</p>	<p><b>24</b></p> <p>10:30 Chair Dancing – T 11:00 Strength &amp; Mobility – G \$1:00 BINGO! – T 1:00 Activity Bucks Store – G 2:30 Happy Hour with Hot Cocoa &amp; Bailey's! – T / P 3:00 Happy Hour with Hot Cocoa &amp; Bailey's! – CR 3:30 Manicures – L</p>	<p><b>31</b></p> <p>10:30 Chair Dancing – T 11:00 Strength &amp; Mobility – G \$1:00 BINGO! – T 2:30 Chinese New Year Themed Happy Hour! – T / P 3:00 Chinese New Year Themed Happy Hour! – CR 3:30 Manicures – L 4:00 Dog Visits</p> <p><b>Happy Birthday Jim B.!</b></p>
<p><b>29</b></p> <p>9:45 Live 2B Healthy – T 10:30 Trivia – T 2:30 Kinect Bowling – T \$4:00 BINGO! – CR 5:30 Cocoa &amp; Manicures – T</p> <p>Chinese New Year (Year of the Snake)</p>	<p><b>28</b></p> <p>10:30 Chair Yoga – T 11:15 Lunch Outing: Birch's On The Lake 1:00 Balloon Volleyball – T \$2:30 BINGO! – T 4:00 Book Club – CR</p>	<p><b>30</b></p> <p>10:00 Live 2B Healthy – T 10:45 Creative Group Storytelling – T 1:15 Flower Arranging – CR 3:00 Chef Demo – CR \$4:15 Cards &amp; Cookies – CR</p>	<p><b>31</b></p> <p>10:30 Chair Dancing – T 11:00 Strength &amp; Mobility – G \$1:00 BINGO! – T 2:30 Chinese New Year Themed Happy Hour! – T / P 3:00 Chinese New Year Themed Happy Hour! – CR 3:30 Manicures – L 4:00 Dog Visits</p> <p><b>Happy Birthday Jim B.!</b></p>	<p><b>30</b></p> <p>10:00 Live 2B Healthy – T 10:45 Creative Group Storytelling – T 1:15 Flower Arranging – CR 3:00 Chef Demo – CR \$4:15 Cards &amp; Cookies – CR</p>	<p><b>31</b></p> <p>10:30 Chair Dancing – T 11:00 Strength &amp; Mobility – G \$1:00 BINGO! – T 2:30 Chinese New Year Themed Happy Hour! – T / P 3:00 Chinese New Year Themed Happy Hour! – CR 3:30 Manicures – L 4:00 Dog Visits</p> <p><b>Happy Birthday Jim B.!</b></p>	<p><b>31</b></p> <p>10:30 Chair Dancing – T 11:00 Strength &amp; Mobility – G \$1:00 BINGO! – T 2:30 Chinese New Year Themed Happy Hour! – T / P 3:00 Chinese New Year Themed Happy Hour! – CR 3:30 Manicures – L 4:00 Dog Visits</p> <p><b>Happy Birthday Jim B.!</b></p>

Key: CR – Club Room / DR – Dining Room / G – Gathering Room / L – Lobby / T – Trailview / P – Pineview | Color Key: Jessica / Melissa / Kenna / Diren / Vendor / Volunteer / Other Trails Staff