

January 2026 - Assisted Living						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>ALL all</div> <div>CR CR</div> <div>DR DR</div> <div>G Gathering Room</div> <div>T Trailview</div> <div>TPA Trailview, Pineview, Assisted Living</div>	<div>Happy Birthday to</div> <div>1/8 Janice Netwal</div> <div>1/25 Thomas Lindquist</div>			<div>New Year's Day</div> <div>1</div>	<div>11:00 Strength & Mobility [G]</div> <div>2</div> <div>3:00 Happy Hour [CR]</div> <div>4:00 Bingo! [CR]</div>	<div>1:30 Bingo with Nancy [CR]</div> <div>3</div> <div>3:00 Kinect Bowling [T]</div>
<div>10:30 Virtual Church Services & Hymns [T]</div> <div>4</div>	<div>10:30 Scarf Exercises [T]</div> <div>5</div> <div>10:30 Sit & Be Fit! [G]</div> <div>11:00 Monday Trivia [G]</div> <div>1:00 Community Life Planning Meeting [CR]</div> <div>2:00 Monday Matinee & Popcorn [G]</div> <div>4:00 Bingo [CR]</div>	<div>10:30 Chair Exercises [T]</div> <div>6</div> <div>10:30 Chair Exercises [G]</div> <div>11:00 Daily Chronicles & Trivia [G]</div> <div>2:00 Spark Performances Pep Rally [CR]</div> <div>4:00 Card/ Board Games [CR]</div>	<div>10:00 Chair Zumba Exercises [T]</div> <div>7</div> <div>10:30 Chair Workout [G]</div> <div>11:15 Devotions & Hymn Sing [G]</div> <div>1:00 Winter League Roar & Heart Division Meeting [G]</div> <div>4:00 Bingo! [CR]</div>	<div>Happy Birthday Jan!</div> <div>8</div> <div>10:15 Fitness Class [T]</div> <div>10:30 Armchair Fitness [G]</div> <div>10:45 Flashback Reminisce Games [T]</div> <div>11:00 Lunch Outing: Black Forest Inn</div> <div>2:00 Lifelong Learning Programs [CR]</div> <div>3:30 Nails & Spa [CR]</div>	<div>11:00 Strength & Mobility [G]</div> <div>9</div> <div>1:00 Big Show [G]</div> <div>3:00 Social Hour [CR]</div> <div>4:00 Bingo! [CR]</div>	<div>1:30 Bingo with Nancy [CR]</div> <div>10</div> <div>3:00 Kinect Bowling [T]</div>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Virtual Church Services & Hymns [T] 11	10:30 Scarf Exercises [T] 12 10:30 Sit & Be Fit! [G] 11:00 Monday Trivia [G] 2:00 Monday Matinee & Popcorn [G] 4:00 Bingo [CR]	10:30 Chair Exercises [T] 13 10:30 Chair Exercises [G] 11:00 Daily Chronicles & Trivia [G] 1:00 Spark Challenge [G] 2:30 Outing to Resale Select 4:00 Card/ Board Games [CR]	10:00 Chair Zumba Exercises [T] 14 10:30 Chair Workout [G] 11:15 Devotions & Hymn Sing [G] 1:00 Snowflake Activity 2:00 Therapy Dog visits with Lucy [TPA] 3:00 Resident Council [CR] 4:00 Bingo! [CR]	9:30 National Bagel Day!- Bagels [CR] 15 10:15 Fitness Class [T] 10:30 Armchair Fitness [G] 10:45 Flashback Reminisce Games [T] 11:15 Remember When/ Trivia [G] 1:00 Spark League Tryathalon [G] 2:00 Culinary with Carlos [CR] 3:30 Nails & Spa [CR]	11:00 Strength & Mobility [G] 16 1:00 Big Show [G] 2:00 Entertainment: Tom Majoros on the guitar [DR] 3:00 Social Hour- Birthday Party [CR] 4:00 Bingo! [CR]	1:30 Bingo with Nancy [CR] 17 3:00 Kinect Bowling [T]
10:30 Virtual Church Services & Hymns [T] 18	National Popcorn Day! Martin Luther King Jr. Day 19 10:00 Outing: Shopping at Byerly's 10:30 Scarf Exercises [T] 11:00 Monday Trivia [G] 2:00 Monday Matinee & Popcorn [G] 4:00 Bingo [CR]	National Penguin Day! 20 10:30 Chair Exercises [T] 10:30 Chair Exercises [G] 11:00 Daily Chronicles & Trivia [G] 1:00 Spark Challenge [G] 2:30 Penguin Craft [G] 4:00 Card/ Board Games [CR]	10:00 Chair Zumba Exercises [T] 21 10:00 Catholic Communion Services [CR] 10:30 Chair Workout [G] 11:15 Devotions & Hymn Sing [G] 2:00 All Life Spark Annual Memorial [CR] 4:00 Bingo! [CR]	10:00 Therapy Dog Visits: Lucy [TPA] 22 10:15 Fitness Class [T] 10:30 Armchair Fitness [G] 10:45 Flashback Reminisce Games [T] 11:15 Remember When/ Trivia [G] 1:00 Spark League Tryathalon [G] 2:00 "FDR- Homefront"-Re-enactment by Gary Stam [CR] 3:30 Nails & Spa [CR]	11:00 Strength & Mobility [G] 23 1:00 Big Show [G] 3:00 Social Hour [CR] 4:00 Bingo! [CR]	1:30 Bingo with Nancy [CR] 24 3:00 Kinect Bowling [T]

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Happy Birthday Thomas L.!</div> <div>25</div> <div>10:30 Virtual Church Services & Hymns [T]</div>	<div>National Bubble Wrap Day!</div> <div>26</div> <div>10:30 Scarf Exercises [T]</div> <div>10:30 Sit & Be Fit! [G]</div> <div>11:00 Monday Trivia [G]</div> <div>2:00 Monday Matinee & Popcorn [G]</div> <div>4:00 Bingo [CR]</div>	<div>10:30 Chair Exercises [T]</div> <div>27</div> <div>10:30 Chair Exercises [G]</div> <div>11:00 Daily Chronicles & Trivia [G]</div> <div>1:00 Spark Challenge [G]</div> <div>2:30 Bubble Wrap Craft [G]</div> <div>4:00 Card/ Board Games [CR]</div>	<div>10:00 Chair Zumba Exercises [T]</div> <div>28</div> <div>10:30 Chair Workout [G]</div> <div>11:15 Devotions & Hymn Sing [G]</div> <div>1:00 Manicures [G]</div> <div>2:30 Bingo Buck's Store [G]</div> <div>4:00 Bingo! [CR]</div>	<div>10:15 Fitness Class [T]</div> <div>29</div> <div>10:30 Armchair Fitness [G]</div> <div>10:45 Flashback Reminisce Games [T]</div> <div>11:15 Remember When/ Trivia [G]</div> <div>1:00 Outing: Bakken Museum</div> <div>1:00 Spark League Tryathlon [G]</div> <div>3:30 Nails & Spa [CR]</div>	<div>Happy Birthday Lois!</div> <div>30</div> <div>National Croissant Day!</div> <div>11:00 Strength & Mobility [G]</div> <div>1:00 Big Show [G]</div> <div>3:00 Social Hour: Croissants & Hot Chocolate [CR]</div> <div>4:00 Bingo! [CR]</div>	<div>2:00 Live Entertainment "After 5" [DR]</div> <div>31</div> <div>3:00 Kinect Bowling [T]</div>