


February 2026 - Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div>Black History Month</div><div>1</div><div>10:30 Virtual Church Services &amp; Hymns [T]</div><div>1:30 Bingo with Michaela [CR]</div></div>	<div><div>Groundhog Day</div><div>2</div><div>11:00 Monday Trivia [G]</div><div>1:00 Community Life Planning Meeting [CR]</div><div>2:00 Pet Visits with Lucy [TPA]</div><div>4:00 Bingo [CR]</div></div>	<div><div>National Golden Retriever Day</div><div>3</div><div>10:30 Chair Exercises [T]</div><div>11:00 Daily Chronicles &amp; Trivia</div><div>11:00 Daily Loop &amp; Trivia [G]</div><div>1:00 Spark Challenge [G]</div><div>2:00 Hearts Craft and Art [G]</div><div>4:00 Card/ Board Games [CR]</div></div>	<div><div>Rosa Parks Day</div><div>4</div><div>10:30 Chair Workout [G]</div><div>1:00 Book Club with Dr. Bill-Zoom [G]</div><div>2:30 Pet Visits with Bella [TPA]</div><div>4:00 Bingo! [CR]</div></div>	<div><div>5</div><div>10:15 Fitness Class [T]</div><div>10:30 Armchair Fitness [G]</div><div>10:45 Flashback Reminisce Games [T]</div><div>11:15 Remember When/ Trivia [G]</div><div>1:00 Spark League Tryathlon [G]</div><div>2:00 Lifelong Learning: Marine Life Research</div><div>3:30 Calm Waters Spa &amp; Nails [CR]</div></div>	<div><div>National Wear Red Day</div><div>6</div><div>Winter Olympics start-2/6-2/22/2026</div><div>10:00 Outing: Target shopping</div><div>11:00 Strength &amp; Mobility [G]</div><div>1:00 Big Show [G]</div><div>3:00 Social Hour-Super Bowl Party! [CR]</div><div>4:00 Bingo! [CR]</div></div>	<div><div>7</div><div>1:30 Bingo [CR]</div><div>3:00 Kinect Bowling [T]</div></div>
<div><div>Superbowl Sunday</div><div>8</div><div>10:30 Virtual Church Services &amp; Hymns [T]</div><div>5:30 Superbowl Seahawks vs. Patriots</div></div>	<div><div>National Pizza Day!</div><div>9</div><div>10:30 Sit &amp; Be Fit!</div><div>11:00 Daily Loop</div><div>11:00 Monday Trivia [G]</div><div>1:00 Monday Matinee &amp; Popcorn [G]</div><div>4:00 Bingo [CR]</div></div>	<div><div>Goat Shine-Goat</div><div>10</div><div>10:30 Goat Therapy [T]</div><div>1:00 Spark Challenge [G]</div><div>2:30 Craft: Valentine Craft [G]</div><div>4:00 Card/ Board Games [CR]</div></div>	<div><div>Thomas Edison's Birthday</div><div>11</div><div>10:30 Chair Workout [G]</div><div>11:00 Winter Olympic Games [G]</div><div>1:00 Book Club with Dr. Bill-Zoom [G]</div><div>2:30 Resident Council [CR]</div><div>4:00 Bingo! [CR]</div></div>	<div><div>Hug Day</div><div>12</div><div>10:30 Armchair Fitness [G]</div><div>11:00 Winter Olympic Travels to Italy [G]</div><div>11:15 Remember When/ Trivia [G]</div><div>1:00 Spark League Tryathlon [G]</div><div>2:30 Cooking: Making Egg Rolls [CR]</div><div>3:30 Calm Waters Spa &amp; Nails [CR]</div></div>	<div><div>13</div><div>11:00 Strength &amp; Mobility [G]</div><div>1:00 Big Show [G]</div><div>3:00 Social Hour-Valentine's Party &amp; Karoke [CR]</div><div>4:00 Bingo! [CR]</div></div>	<div><div>Valentine's Day</div><div>14</div><div>2:00 Octave Origami Piano Performance</div><div>3:00 Kinect Bowling [T]</div></div>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Virtual Church Services & Hymns [T] 1:30 Bingo with Michaela [CR] <b>15</b>	Happy Birthday Lexie! Washington's Birthday 10:30 Lunch Outing: Asian Mall 11:00 Monday Trivia [G] 4:00 Bingo [CR] <b>16</b>	Chinese New Year- Year of the Fire Horse Mardi Gras 10:30 Chair Exercises [G] 11:00 Making Mardi Gras Masks [G] 1:00 Spark Challenge [G] 2:00 Mardi Gras Party-Music-Tom Paquin [DR] 4:00 Mardi Gras Casino/ Card Games [CR] <b>17</b>	Ash Wednesday 10:00 Catholic Communion Services [CR] 10:30 Chair Workout [G] 11:15 Ash Wednesday Devotions [G] 1:00 Book Club with Dr. Bill-Zoom [G] 2:30 Pet Visits with Bella [TPA] 4:00 Prize Bingo with Bingo Bucks [CR] <b>18</b>	Happy Birthday Connie! 10:15 Olympic Exercises [T] 10:45 Flashback Reminisce Games [T] 11:15 Remember When/ Trivia [G] 1:00 Spark League Tryathlon [G] 3:30 Calm Waters Spa & Nails [CR] <b>19</b>	National Love Your Pet Day 11:00 Strength & Mobility [G] 1:00 Big Show [G] 3:00 Social Hour-Birthday Party [CR] 4:00 Bingo! [CR] <b>20</b>	1:30 Bingo [CR] 3:00 Kinect Bowling [T] <b>21</b>
National Margarita Day 10:30 Virtual Church Services & Hymns [T] <b>22</b>	10:30 Chair Cardio Exercises [G] 11:00 Monday Trivia [G] 1:30 Lake Rose Strings-Violin Duo [DR] 4:00 Bingo [CR] <b>23</b>	Happy Birthday Carole B.! 10:30 Chair Exercises [G] 11:00 Daily Loop & Trivia [G] 1:00 Spark Challenge [G] 4:00 Card/ Board Games [CR] <b>24</b>	Happy Birthday Lorraine R! 10:30 Chair Workout [G] 1:00 Book Club with Dr. Bill-Zoom [G] 1:00 Fancy Nails [CR] 2:00 Chili Judging Contest [CR] <b>25</b>	National Chili Day 10:30 Armchair Fitness [G] 10:45 Flashback Reminisce Games [T] 11:15 Remember When/ Trivia [G] 1:00 Spark League Tryathlon [G] 3:30 Calm Waters Spa & Nails [CR] <b>26</b>	9:00 Outing: Breakfast at Perkins 11:00 Strength & Mobility [G] 1:00 Big Show [G] 2:00 Open House: "A Sweet Place to Call Home"-Music with Lars Carlson [CR] <b>27</b>	National Pancake Day! 1:30 Bingo [CR] 3:00 Kinect Bowling [T] <b>28</b>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> Trails of Orono ASSISTED LIVING &amp; MEMORY CARE</div> <div>Schedule is subject to change.</div>	ALL all	Happy Birthday to 2/10 Sara Chambers 2/19 Constance Batdorf 2/25 Lorraine Roden				
	CR CR					
	DR DR					
	G Gathering Room					
	T Trailview					
	TPA Trailview, Pineview, Assisted Living					