

February 2026 - Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Black History Month 10:30 Virtual Church Services & Hymns [T] 1:30 Bingo with Michaela [CR]	1 Groundhog Day 2 11:00 Monday Trivia [G] 1:00 Community Life Planning Meeting [CR] 2:00 Pet Visits with Lucy [TPA] 4:00 Bingo [CR]	3 National Golden Retriever Day 10:30 Chair Exercises [T] 11:00 Daily Chronicles & Trivia 11:00 Daily Loop & Trivia [G] 1:00 Spark Challenge [G] 2:00 Hearts Craft and Art [G] 4:00 Card/ Board Games [CR]	4 Rosa Parks Day 5 10:30 Chair Workout [G] 1:00 Book Club with Dr. Bill-Zoom [G] 2:30 Pet Visits with Bella [TPA] 4:00 Bingo! [CR]	10:15 Fitness Class [T] 5 10:30 Armchair Fitness [G] 10:45 Flashback Reminisce Games [T] 11:15 Remember When/ Trivia [G] 1:00 Spark League Tryathlon [G] 2:00 Lifelong Learning: Marine Life Research 3:30 Calm Waters Spa & Nails [CR]	6 National Wear Red Day Winter Olympics start-2/6-2/22/20 26 10:00 Outing: Target shopping 11:00 Strength & Mobility [G] 1:00 Big Show [G] 3:00 Social Hour- Super Bowl Party! [CR] 4:00 Bingo! [CR]	1:30 Bingo [CR] 3:00 Kinect Bowling [T] 7
Superbowl Sunday 8 10:30 Virtual Church Services & Hymns [T] 5:30 Superbowl Seahawks vs. Patriots	9 National Pizza Day! 10:30 Sit & Be Fit! 11:00 Daily Loop 11:00 Monday Trivia [G] 1:00 Monday Matinee & Popcorn [G] 4:00 Bingo [CR]	10 10:30 Goat Shine- Goat Therapy [T] 1:00 Spark Challenge [G] 2:30 Craft: Valentine Craft [G] 4:00 Card/ Board Games [CR]	11 Thomas Edison's Birthday 10:30 Chair Workout [G] 11:00 Winter Olympic Games [G] 1:00 Book Club with Dr. Bill-Zoom [G] 2:30 Resident Council [CR] 4:00 Bingo! [CR]	12 Hug Day 13 10:30 Armchair Fitness [G] 11:00 Winter Olympic Travels to Italy [G] 11:15 Remember When/ Trivia [G] 1:00 Spark League Tryathlon [G] 2:30 Cooking: Making Egg Rolls [CR] 3:30 Calm Waters Spa & Nails [CR]	13 11:00 Strength & Mobility [G] 1:00 Big Show [G] 3:00 Social Hour- Valentine's Party & Karoke [CR] 4:00 Bingo! [CR]	14 Valentine's Day 2:00 Octave Origami Piano Performance 3:00 Kinect Bowling [T]

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10:30 Virtual Church Services & Hymns [T] 1:30 Bingo with Michaela [CR]	15 Happy Birthday Lexie! Washington's Birthday 10:30 Lunch Outing: Asian Mall 11:00 Monday Trivia [G] 4:00 Bingo [CR]	16 Chinese New Year- Year of the Fire Horse Mardi Gras 10:30 Chair Exercises [G] 11:00 Making Mardi Gras Masks [G] 1:00 Spark Challenge [G] 2:00 Mardi Gras Party-Music- Tom Paquin [DR] 4:00 Mardi Gras Casino/ Card Games [CR]	17 Ash Wednesday 10:00 Catholic Communion Services [CR] 10:30 Chair Workout [G] 11:15 Ash Wednesday Devotions [G] 1:00 Book Club with Dr. Bill-Zoom [G] 2:30 Pet Visits with Bella [TPA] 4:00 Prize Bingo with Bingo Bucks [CR]	18 10:15 Olympic Exercises [T] 10:45 Flashback Reminisce Games [T] 11:15 Remember When/ Trivia [G] 1:00 Spark League Tryathlon [G] 3:30 Calm Waters Spa & Nails [CR]	19 Happy Birthday Connie! 11:00 Strength & Mobility [G] 1:00 Big Show [G] 3:00 Social Hour- Birthday Party [CR] 4:00 Bingo! [CR]	20 National Love Your Pet Day 11:00 Strength & Mobility [G] 1:00 Big Show [G] 3:00 Social Hour- Birthday Party [CR] 4:00 Bingo! [CR]	1:30 Bingo [CR] 3:00 Kinect Bowling [T] 21
22 National Margarita Day 10:30 Virtual Church Services & Hymns [T]	23 10:30 Chair Cardio Exercises [G] 11:00 Monday Trivia [G] 1:30 Lake Rose Strings-Violin Duo [DR] 4:00 Bingo [CR]	24 Happy Birthday Carole B.! 10:30 Chair Exercises [G] 11:00 Daily Loop & Trivia [G] 1:00 Spark Challenge [G] 4:00 Card/ Board Games [CR]	25 Happy Birthday Lorraine R! 10:30 Chair Workout [G] 1:00 Book Club with Dr. Bill-Zoom [G] 1:00 Fancy Nails [CR] 2:00 Chili Judging Contest [CR]	26 National Chili Day 10:30 Armchair Fitness [G] 10:45 Flashback Reminisce Games [T] 11:15 Remember When/ Trivia [G] 1:00 Spark League Tryathlon [G] 3:30 Calm Waters Spa & Nails [CR]	27 9:00 Outing: Breakfast at Perkins 11:00 Strength & Mobility [G] 1:00 Big Show [G] 2:00 Open House: "A Sweet Place to Call Home"- Music with Lars Carlson [CR]	28 National Pancake Day! 1:30 Bingo [CR] 3:00 Kinect Bowling [T]	

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 Trails of Orono <small>ASSISTED LIVING & MEMORY CARE</small> <small>Schedule is subject to change.</small>	ALL all CR CR DR DR G Gathering Room T Trailview TPA Trailview, Pineview, Assisted Living	Happy Birthday to 2/10 Sara Chambers 2/19 Constance Batdorf 2/25 Lorraine Roden				