



Happy February!

Happy Birthday to our February Birthdays!

Celebrating this month:

Lexie on Monday, February 16th

Connie on Thursday, February 19th

Carole B. Tuesday, February 24th

Lorraine Wednesday, February 25th

Tuesdays at 1PM, the Whizzer-Walking relay for 30 minutes.

Thursdays at 1PM, the arm crank for 20 minutes and feet, pedaling the floor bike for 20 minutes. Big Show-The results on Fridays at 1PM. Thank you to our cheerleaders who have been leading them on! Go Trailblazers.

Other Highlights: Bookclubs on Wednesdays at 1PM-ZOOM with Dr. William Thomas; Life Long Learning on Thursday, February 5th-Marine Life Research; Goat Shine Therapy-Live baby goats on Tuesday, February 10th at 10:30AM; Octave Origami Piano Performance on February 14th at 2:00PM; Mardi Gras Party-music with Tom Paquin, Feb. 17th, at 2:00PM; Lake Rose Strings-Violin Duo on February 23rd at 1:30PM

We will be having an Open House on Friday, February 27th with decorations, refreshments and special music with Lars Carlson "A sweet place to call home".

Many more fun programs, outings, crafts, special days, please look for calendar. Blessings- Michaela
Community Life Director



February 2026

Discover what's going on in our community.



Greetings everyone!

We are proud to introduce our new assistant nurse.

Please welcome Moe Olubakin RN, ADHS

Moe has been a nurse since 2001, with extensive experience in fast-paced and often challenging healthcare environments. Throughout her career, nursing has shaped me into a patient, resilient and deeply attentive leader who values truly listening- to patients, families and team members alike. She leads through a servant-leadership approach, striving to support, empower and uplift those around her.

Family is the core of who she is. She is married with children and place great importance on maintaining a healthy work-life balance. She was born on Valentine's day, her favorite color is blue, loves to spend time with family, passion for travel, explore new places and cultures. Welcome to Trails of Orono Moe! Happy to have you here!

Best Wishes!

Heidi Ashfeld

Float Executive Director

My life has been the poem I would have writ; But I could not both live and utter it.- Henry David Thoreau

We have come around again to the month of valentines and hearts, flowers and chocolates and sentimental sayings. We share words of love with others, and perhaps we also feel grief when remembering those loves we've lost. This year, consider offering some words of love to yourself. If your life, like Thoreau's were a poem, what words would it include? What parts of you would it celebrate? Have you persevered through a challenge? Survived a heartbreak? Risen to a challenge? What words would you use to describe what is most lovable about you? How would you put into words the arc of your life? Poems don't have to rhyme, and they don't even have to be long. Try writing a short love poem to yourself this month. And if you're feeling brave, find someone to share it with! Love grows when we share it with others.