




February 2026 - Trailview

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Black History Month 1</b> 10:30 Virtual Church Services & Hymns [T] 11:00 Daily Chronicles & Trivia [T] 4:00 Oshibori-Hand Washing [T]	<b>Groundhog Day 2</b> 10:30 Scarf/Rhythm Sticks Exercises [T] 11:00 Monday Trivia [G] 11:00 Daily Chronicles & Trivia [T] 11:30 Oshibori - hand washing [TP] 1:00 Sing-A-Long [T] 2:00 Pet Visits with Lucy [TPA] 2:30 Bingo [T] 4:00 Oshibori-Hand Washing [T]	<b>National Golden Retriever Day 3</b> 10:30 Chair Exercises [T] 10:30 Chair Exercises [T] 11:00 Daily Chronicles & Trivia 11:00 Daily Chronicles & Trivia [T] 11:30 Oshibori - hand washing [TP] 1:00 Spark Challenge [G] 3:00 Manicures & Spa [T] 4:00 Oshibori-Hand Washing [T]	<b>Rosa Parks Day 4</b> 10:00 Chair Zumba Exercises [T] 11:00 Daily Chronicles & Trivia [T] 11:30 Oshibori - hand washing [TP] 1:00 Kinect Bowling [T] 1:00 Book Club with Dr. Bill-Zoom [G] 2:30 Bingo [T] 2:30 Pet Visits with Bella [TPA] 4:00 Oshibori-Hand Washing [T]	<b>5</b> 10:15 Fitness Class [T] 10:45 Flashback Reminisce Games [T] 11:00 Daily Chronicles & Trivia [T] 11:30 Oshibori - hand washing [TP] 2:00 Creative Arts & Crafts [T] 4:00 Oshibori-Hand Washing [T]	<b>National Wear Red Day 6</b> <b>Winter Olympics start-2/6-2/22/2026</b> 10:30 Chair Dance Exercises [T] 11:00 Daily Chronicles & Trivia [T] 11:30 Oshibori - hand washing [TP] 1:00 Active Game [T] 2:30 Happy Hour [TP] 4:00 Oshibori-Hand Washing [T]	<b>7</b> 11:00 Daily Chronicles & Trivia [T] 1:00 Movie of choice [TP] 3:00 Kinect Bowling [T] 4:00 Oshibori-Hand Washing [T]

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Superbowl Sunday 8</div> <div>10:30 Virtual Church Services &amp; Hymns [T]</div> <div>11:00 Daily Chronicles &amp; Trivia [T]</div> <div>4:00 Oshibori-Hand Washing [T]</div> <div>5:30 Superbowl Seahawks vs. Patriots</div>	<div>National Pizza Day! 9</div> <div>10:30 Sit &amp; Be Fit!</div> <div>10:30 Scarf/ Rhythm Sticks Exercises [T]</div> <div>11:00 Daily Loop</div> <div>11:00 Monday Trivia [G]</div> <div>11:00 Daily Chronicles &amp; Trivia [T]</div> <div>11:30 Oshibori - hand washing [TP]</div> <div>1:00 Sing-A-Long [T]</div> <div>2:30 Bingo [T]</div> <div>4:00 Oshibori-Hand Washing [T]</div>	<div>10:30 Goat Shine-Goat Therapy [T] 10</div> <div>11:00 Daily Chronicles &amp; Trivia [T]</div> <div>11:30 Oshibori - hand washing [TP]</div> <div>1:00 Spark Challenge [G]</div> <div>2:30 Craft: Valentine Craft [G]</div> <div>3:00 Manicures &amp; Spa [T]</div> <div>4:00 Oshibori-Hand Washing [T]</div>	<div>Thomas Edison's Birthday 11</div> <div>10:00 Chair Zumba Exercises [T]</div> <div>11:00 Daily Chronicles &amp; Trivia [T]</div> <div>11:30 Oshibori - hand washing [TP]</div> <div>1:00 Kinect Bowling [T]</div> <div>1:00 Book Club with Dr. Bill-Zoom [G]</div> <div>2:30 Bingo [T]</div> <div>4:00 Oshibori-Hand Washing [T]</div>	<div>Hug Day 12</div> <div>10:15 Fitness Class [T]</div> <div>11:00 Daily Chronicles &amp; Trivia [T]</div> <div>11:30 Oshibori - hand washing [TP]</div> <div>2:00 Creative Arts &amp; Crafts [T]</div> <div>4:00 Oshibori-Hand Washing [T]</div>	<div>10:30 Chair Dance Exercises [T] 13</div> <div>11:00 Daily Chronicles &amp; Trivia [T]</div> <div>11:30 Oshibori - hand washing [TP]</div> <div>1:00 Active Game [T]</div> <div>2:30 Happy Hour [TP]</div> <div>4:00 Oshibori-Hand Washing [T]</div>	<div>Valentine's Day 14</div> <div>11:00 Daily Chronicles &amp; Trivia [T]</div> <div>1:00 Movie of choice [TP]</div> <div>3:00 Kinect Bowling [T]</div> <div>4:00 Oshibori-Hand Washing [T]</div>
<div>10:30 Virtual Church Services &amp; Hymns [T] 15</div> <div>11:00 Daily Chronicles &amp; Trivia [T]</div> <div>4:00 Oshibori-Hand Washing [T]</div>	<div>Happy Birthday Lexie! Washington's Birthday 16</div> <div>10:30 Scarf/ Rhythm Sticks Exercises [T]</div> <div>11:00 Monday Trivia [G]</div> <div>11:00 Daily Chronicles &amp; Trivia [T]</div> <div>11:30 Oshibori - hand washing [TP]</div> <div>1:00 Sing-A-Long [T]</div> <div>2:30 Bingo [T]</div> <div>4:00 Oshibori-Hand Washing [T]</div>	<div>Chinese New Year- Year of the Fire Horse 17</div> <div>Mardi Gras</div> <div>10:30 Chair Exercises [T]</div> <div>11:00 Daily Chronicles &amp; Trivia [T]</div> <div>11:30 Oshibori - hand washing [TP]</div> <div>1:00 Spark Challenge [G]</div> <div>2:00 Mardi Gras Party-Music-Tom Paquin [DR]</div> <div>3:00 Manicures &amp; Spa [T]</div> <div>4:00 Oshibori-Hand Washing [T]</div>	<div>Ash Wednesday 18</div> <div>10:00 Catholic Communion Services [CR]</div> <div>10:00 Chair Zumba Exercises [T]</div> <div>11:00 Daily Chronicles &amp; Trivia [T]</div> <div>11:30 Oshibori - hand washing [TP]</div> <div>1:00 Kinect Bowling [T]</div> <div>1:00 Book Club with Dr. Bill-Zoom [G]</div> <div>2:30 Bingo [T]</div> <div>2:30 Pet Visits with Bella [TPA]</div> <div>4:00 Oshibori-Hand Washing [T]</div>	<div>Happy Birthday Connie! 19</div> <div>10:15 Olympic Exercises [T]</div> <div>10:45 Flashback Reminisce Games [T]</div> <div>11:00 Daily Chronicles &amp; Trivia [T]</div> <div>11:30 Oshibori - hand washing [TP]</div> <div>2:00 Creative Arts &amp; Crafts [T]</div> <div>4:00 Oshibori-Hand Washing [T]</div>	<div>National Love Your Pet Day 20</div> <div>10:30 Chair Dance Exercises [T]</div> <div>11:00 Daily Chronicles &amp; Trivia [T]</div> <div>11:30 Oshibori - hand washing [TP]</div> <div>1:00 Active Game [T]</div> <div>2:30 Happy Hour [TP]</div> <div>4:00 Oshibori-Hand Washing [T]</div>	<div>11:00 Daily Chronicles &amp; Trivia [T] 21</div> <div>1:00 Movie of choice [TP]</div> <div>3:00 Kinect Bowling [T]</div> <div>4:00 Oshibori-Hand Washing [T]</div>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div><div>National Margarita Day</div><div>22</div></div><div><div>10:30</div><div>Virtual Church Services &amp; Hymns [T]</div></div><div><div>11:00</div><div>Daily Chronicles &amp; Trivia [T]</div></div><div><div>4:00</div><div>Oshibori-Hand Washing [T]</div></div></div>	<div><div><div>10:30</div><div>Scarf/ Rhythm Sticks Exercises [T]</div></div><div><div>11:00</div><div>Monday Trivia [G]</div></div><div><div>11:00</div><div>Daily Chronicles &amp; Trivia [T]</div></div><div><div>11:30</div><div>Oshibori - hand washing [TP]</div></div><div><div>1:00</div><div>Sing-A-Long [T]</div></div><div><div>1:30</div><div>Lake Rose Strings-Violin Duo [DR]</div></div><div><div>2:30</div><div>Bingo [T]</div></div><div><div>4:00</div><div>Oshibori-Hand Washing [T]</div></div></div>	<div><div><div>Happy Birthday Carole B.!</div><div>24</div></div><div><div>10:30</div><div>Chair Exercises [T]</div></div><div><div>11:00</div><div>Daily Chronicles &amp; Trivia [T]</div></div><div><div>11:30</div><div>Oshibori - hand washing [TP]</div></div><div><div>1:00</div><div>Spark Challenge [G]</div></div><div><div>3:00</div><div>Manicures &amp; Spa [T]</div></div><div><div>4:00</div><div>Oshibori-Hand Washing [T]</div></div></div>	<div><div><div>Happy Birthday Lorraine R!</div><div>25</div></div><div><div>10:00</div><div>Chair Zumba Exercises [T]</div></div><div><div>11:00</div><div>Daily Chronicles &amp; Trivia [T]</div></div><div><div>11:30</div><div>Oshibori - hand washing [TP]</div></div><div><div>1:00</div><div>Kinnect Bowling [T]</div></div><div><div>1:00</div><div>Book Club with Dr. Bill-Zoom [G]</div></div><div><div>2:30</div><div>Bingo [T]</div></div><div><div>4:00</div><div>Oshibori-Hand Washing [T]</div></div></div>	<div><div><div>National Chili Day</div><div>26</div></div><div><div>10:15</div><div>Fitness Class [T]</div></div><div><div>10:45</div><div>Flashback Reminisce Games [T]</div></div><div><div>11:00</div><div>Daily Chronicles &amp; Trivia [T]</div></div><div><div>11:30</div><div>Oshibori - hand washing [TP]</div></div><div><div>2:00</div><div>Creative Arts &amp; Crafts [T]</div></div><div><div>4:00</div><div>Oshibori-Hand Washing [T]</div></div></div>	<div><div><div>10:30</div><div>Chair Dance Exercises [T]</div></div><div><div>11:00</div><div>Daily Chronicles &amp; Trivia [T]</div></div><div><div>11:30</div><div>Oshibori - hand washing [TP]</div></div><div><div>1:00</div><div>Active Game [T]</div></div><div><div>2:00</div><div>Open House: "A Sweet Place to Call Home"- Music with Lars Carlson [CR]</div></div><div><div>2:30</div><div>Happy Hour [TP]</div></div><div><div>4:00</div><div>Oshibori-Hand Washing [T]</div></div></div>	<div><div><div>National Pancake Day!</div><div>28</div></div><div><div>11:00</div><div>Daily Chronicles &amp; Trivia [T]</div></div><div><div>1:00</div><div>Movie of choice [TP]</div></div><div><div>3:00</div><div>Kinnect Bowling [T]</div></div><div><div>4:00</div><div>Oshibori-Hand Washing [T]</div></div></div>
<div><div><div><div></div><div>Trails of Orono</div><div>ASSISTED LIVING &amp; MEMORY CARE</div></div><div>Schedule is subject to change.</div></div></div>	<div><div>ALL all</div><div>CR CR</div><div>DR DR</div><div>G Gathering Room</div><div>T Trailview</div><div>TP Trailview and Pineview</div><div>TPA Trailview, Pineview, Assisted Living</div></div>	<div><div>Happy Birthday to</div><div>2/10 Sara Chambers</div><div>2/19 Constance Batdorf</div><div>2/25 Lorraine Roden</div></div>				