

March 2026 - Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
National Pig Day! 1 10:30 Virtual Church Services & Hymns [T]	National Craft Month 2 11:00 Monday Exercises [G] 1:00 Community Life Planning Meeting [CR] 2:00 Movie & Popcorn [G] 4:00 Bingo [CR]	Caregiver Appreciation Day! 3 10:00 Pet Therapy Visits with "Blue" [T] 11:00 Daily Chair Exercises [G] 1:00 Spark Challenge [G] 2:00 March Arts & Craft [G] 2:00 Men's Card Club w/ Heather & sons [CR] 4:00 Scrabble Board Games [CR]	Women's History Month 4 11:00 Cardio Chair Exercises [G] 1:00 Book Club with Dr. Bill-Zoom [G] 4:00 Bingo [CR]	Irish American Heritage Month 5 11:00 Low Impact Chair Exercises [G] 1:00 Spark League Tryathlon [G] 2:00 Lifelong Learning: Civil War 3:30 Women's Club: Calm Waters Spa & Nails [CR]	National Oreo Cookie Day! 6 11:00 Strength & Mobility [G] 1:00 Big Show [G] 2:00 Live Music with Steve Roehm [DR] 3:30 Oreo Cookies Taste Testing [CR] 4:00 Bingo! [CR]	National Cereal Day 7 1:30 Bingo [CR] 3:00 Kinect Bowling [T]
Daylight Savings-Spring ahead 8 10:30 Virtual Church Services & Hymns [T]	Happy Birthday Eleanor! 9 National Barbie Day-Dress Bright! 10:30 Chair Cardio Exercises [G] 11:00 Barbie Pickle Ball! [G] 2:00 Oscar Winning Movie & Popcorn [G] 4:00 Bingo [CR]	Daily Loop & Trivia [G] 10 1:00 Spark Challenge [G] 2:00 Men's Card Club w/ Heather & sons [CR] 2:30 Craft: Shamrock Craft [G]	Lunch Outing at McGarry's Pub 11 11:00 Senior Link Trivia & Games [G] 1:00 Book Club with Dr. Bill-Zoom [G] 2:30 Pet Visits with Bella [T] 2:30 Resident Council [CR] 4:00 Bingo! [CR]	Girl Scout Day 12 10:30 Armchair Fitness [G] 11:00 Leprechaun Games [G] 1:00 Spark League Tryathlon [G] 2:30 Making Shamrock Shakes [CR] 3:30 Irish Sing-along w/ Michaela [CR]	Strength & Mobility [G] 13 1:00 Big Show [G] 3:00 Social Hour-St. Patrick's Theme [CR]	Happy Birthday Karen! 14 National Pi Day 1:30 Bingo [CR] 3:00 Kinect Bowling [T]
Oscar Night 15 10:30 Virtual Church Services & Hymns [T] 6:00 The Oscars Award-Televised [TPA]	Monday Trivia [G] 16 2:00 Movie & Popcorn [G] 4:00 Bingo [CR]	Happy St. Patrick's Day! 17 Dress in Green 10:30 Chair Exercises 11:00 Daily Loop & Trivia 1:00 Spark Challenge [G] 2:00 Men's Card Club w/ Heather & sons [CR]	Catholic Communion Services [CR] 18 10:30 Chair Workout [G] 11:00 Senior Link Trivia & Games [G] 1:00 Book Club with Dr. Bill-Zoom [G] 2:00 Live Music: Adam Daniels [DR] 4:00 Bingo! [CR]	Let's Laugh Day! 19 10:30 Armchair Fitness/ Laugh Yoga [G] 11:15 Remember When/ Trivia [G] 1:00 Spark League Tryathlon [G] 3:30 Women's Club: Calm Waters Spa & Nails [CR]	Pet Therapy with Lucy [T] 20 11:00 Strength & Mobility [G] 1:00 Big Show [G] 3:00 Social Hour-Yogurt Parfaits [CR] 4:00 Bingo! [CR]	National Quilting Day 21 1:30 Bingo [CR] 3:00 Kinect Bowling [T]

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22 10:30 Virtual Church Services & Hymns [T]	23 National Puppy Day! Bunny Scavenger Hunt 10:30 Chair Cardio Exercises [G] 11:00 Monday Trivia [G] 1:00 Outing: Russian Art Museum 2:00 Monday Matinee 4:00 Bingo [CR]	24 Bunny Scavenger Hunt (cont.) 10:30 Chair Exercises [G] 11:00 Daily Loop & Trivia [G] 1:00 Spark Challenge [G] 2:00 Men's Card Club w/ Heather & sons [CR] 2:30 Paper Easter Egg Art/Craft [CR]	25 Waffle Day! Bunny Scavenger Hunt (cont.) 10:30 Chair Workout [G] 11:00 Senior Link Trivia & Games [G] 1:00 Book Club with Dr. Bill-Zoom [G] 2:30 Pet Visits with Bella [TPA] 4:00 Prize Bingo Bucks [CR]	26 Bunny Scavenger Hunt (cont.) 10:30 Armchair Fitness/ Laugh Yoga [G] 11:15 Remember When/ Trivia [G] 1:00 Spark League Tryathlon [G] 3:30 Women's Club: Calm Waters Spa & Nails [CR]	27 Happy Birthday Marie! Bunny Scavenger Hunt (cont.) 10:30 Pet Visits from Sara [T] 11:00 Strength & Mobility [G] 1:00 Big Show [G] 2:00 Birthday Party: Music- Ross McLeod [DR] 4:00 Bingo! [CR]	28 Bunny Scavenger Hunt (cont.) 1:30 Bingo [CR] 3:00 Kinect Bowling [T]	
29 Bunny Scavenger Hunt (cont.) 10:30 Virtual Church Services & Hymns [T] 5:00 Palm Sunday	30 Bunny Scavenger Hunt (cont.) 10:30 Exercises & Weights Strength [G] 11:00 Monday Trivia [G] 1:00 Shopping at Byerly's 4:00 Bingo [CR]	31 National Crayon Day Bunny Scavenger Hunt (cont.) 10:30 Chair Cardio [G] 11:00 Hole in One Bunny [G] 1:00 Spark Challenge [G] 2:00 Craft: Easter Chicks & Bunny [G] 2:00 Men's Card Club w/ Heather & sons [CR]	 Trails of Orono ASSISTED LIVING & MEMORY CARE <small>Schedule is subject to change.</small>			ALL all CR CR DR DR G Gathering Room T Trailview TPA Trailview, Pineview, Assisted Living	Happy Birthday to 3/9 Eleanor Hahn 3/27 Marie Hilbelink